

The Romulus News

FEBRUARY 8, 1989

"the little paper"

VOLUME 2 NUMBER 16

Residents Speak Loud and Clear

"NO JAIL!"

by D. A. Atkins

"No decision has been made. The reaction I have received is that this community does not want a jail, and the County said if we don't want it, we won't get it." That was the reply I got from Mayor Beverly McAnally when I asked her if she thought this city would become the site of the proposed County jail facility I wrote about in the last issue of this paper (January 25, 1989; Volume 2, Number 15).

Since that article appeared, members of City Council also have received many phone calls from citizens voicing their opinions on the matter. I spoke with most of them (Fred "Junior" Block was unavailable for comment at the time) to find out more.

Mary Ann Banks said that, of the calls she received, one or two were for the jail, and some wanted more information, but most were against it. Banks added that she, herself, is against the jail, both as a citizen and a Council member.

Ellis Pennington said he has received many calls, all from people who object to locating the jail in Romulus. He, also, is against it.

Noah "Pete" Bergeron said, "The people of the community have spoken, both by phone and the people on the street, and they are against it. If a vote comes up, I will vote against it (the jail)."

Jimmie Raspberry's comment was, "They made my decision easy for me when they said if we didn't want it, we wouldn't get it. I could have voted 'no' that night." He added that the phone calls he has received also have been in opposition to the erection of a prison facility here.

Randy Gear says he will vote according to the wishes of the community, which, he believes, is against the jail. "I am here to serve the people in this city, and whatever they want is the way I will vote."

The last Councilman I spoke with, William Wadsworth, said, "Six months

ago, I had a negative feeling about a jail site, and I still do. Most people don't know that the millage for a new jail site failed in the November voting in Romulus, so that meant the people didn't want it then and they don't want it now. We do, however, as public servants, have an obligation to listen to anyone's proposals brought before Council. I don't believe the jail is a positive thing, and I am against it."

Councilman Raspberry also mentioned the fact that the millage vote for a jail did not pass in Romulus.

Most of the Council members stated that, although they recognize a need for more County jail space, they don't feel it should be located in Romulus.

Another aspect of the proposal that is being discussed is that fact that it would be a minimum-security facility. Most people seem to feel that a maximum-security facility would be more desirable, since it's relatively easy for criminals to walk away from a minimum-security jail, but difficult to do so from a maximum-security site.

Since I wrote the last article, one of the other two cities being considered, Hamtramck, has given up on the idea

by D. A. Atkins

It seems to me that, since our City Councilmen are paid on a part-time basis, the position of Council secretary also should be a part-time job.

As most of us know, our City Councilmen (except Mary Ann Banks) earn a salary of \$5,000 each year and are considered part-time employees. Yet the Council secretary, as a full-time employee, earns \$20,008 each year. By the time you add in the \$7,000 paid out for that position's benefits and taxes (\$4,284.96 in Blue Cross, \$270.12 in life insurance, \$60 in workman's compensation, \$1,000.38 in pension benefits, and \$1,502.56 in Social Security), the secretary is making more money than five Councilmen, combined.

of having the jail in its community, but Highland Park (the other alternative) is still very much interested in such a site.

The County has stated that, if none of the cities currently being considered decides to accept the facility, its best alternative would be to locate it on the old Eloise site at Merriman and Michigan Avenue.

At any rate, if the County's statement of "If the Council and Mayor do not want a jail in Romulus, we will not pursue it" is sincere, then it would appear that your voice has, once again, been heard.

I would like for all you readers to remember one thing: if something occurs that I think you should know about, I will print it. If I feel a response from you is needed, I will ask you for it. Several of the major decisions that have been made recently were based upon your response to the issues, and that is the way it should be. You may not always agree with everything I say, but at least I keep you informed about things you might not be aware of otherwise, and give you the opportunity to voice your opinion to the authorities involved. □

Secretary Job Is Nice If You Can Get It!

If anyone can figure out why the City spends that much money on what should be a part-time job, I would appreciate it if you would let me know.

This article is not intended to single out any particular person; its purpose, rather, is to comment on the cash outlay for the position in general.

Other than Major League Baseball, I can think of few professions where the boss or department head makes less money than a subordinate employee. Their responsibility is greater — department heads make the major decisions — so, theoretically, they should be compensated accordingly.

Councilman Pennington said he would like to see the position reduced from full- to part-time; Mary Ann Banks feels the position is justified, although she did say she would look into the matter.

According to the City Charter, the City Clerk's Office is the keeper of records for the Council, and there is no place in the Charter that authorizes the Council to hire or supervise employees. McAnally told me that, in 1973, an employee was hired by the Mayor and as-

signed duties to perform for the City Council in addition to her responsibilities to the Mayor's Office. According to Mary Ann Banks, however, the combined workload was too great, and the Secretary had a hard time fulfilling her Council duties. Evidently, that is when the full-time Council-secretary position was created.

I suggested to Mrs. Banks that it would be less expensive to hire a part-time secretary at half the cost in salary and benefits, and then pay overtime wages for any extra services that might be needed from time to time. (Those, however, should be very limited. If the Clerk's Office is supposed to be the keeper of records for Council, there should be little additional work for a secretary to handle.) She said she would look into my suggestion.

Let's face it: \$20,000 is \$20,000, no matter how you look at it, and it's all money from your tax dollars. A \$10,000 savings is a significant one, though that's easy to forget in our world of trillion-dollar Federal Budget figures. For

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THE EDITOR'S OPINION

An Apology . . .

by D. A. Atkins

In the last issue of *The Romulus News*, an illustration of our City Council members, done by Randy Gear, appeared on the front page, accompanied by a caption which read, 'Fred "Junior" Block posing as a police officer?' and an arrow pointing to the face of ex-City Councilman Alan Lambert. The drawing was an old one that Randy had done for me right after the last Council election, and hence was outdated — it did not reflect Lambert's resignation from Council to join the Romulus Police Department, nor his replacement by Block.

Since the illustration was no longer current (I wanted to use it, anyway, since it's such a good piece), my wife thought it would be a cute idea to put in that caption, which would give a humorous 'explanation' as to why it was Lambert's face that appeared instead of Block's. Absolutely no harm or malice was intended, and it should be noted that Mr. Gear had absolutely nothing to do with this second use of his original drawing, nor the caption that appeared beneath it.

As a matter of fact, my personal opinion has been that Mr. Block has been and is doing a fine job since his return to Council. Unfortunately, you can't please everyone, and someone is always going to be offended by anything you do, whether it is well-intentioned or not. A couple of people felt that the use of that caption was improper, and an insult to Mr. Block. (Mr. Block hasn't mentioned it.) Therefore, I would like to apologize to anyone who did take offense, because nothing de-

rogatory was implied. Don't blame anyone but me — it was my fault, and no one else's.

People Want More Parking

Since the last issue of the Paper, I have spoken with many business people, both in and out of Romulus, about the need for more parking Downtown as opposed to straightening Goddard Road to bring in more traffic to that area.

It seems to be the general consensus of everyone I talk to that it would be a much smarter idea to build a parking area somewhere Downtown and try to attract more business into locating there before any move is made to remove a curve that has been there for 75 to 100 years.

Example: recently, there was a pizza chain that wanted to open a store Downtown, and was on the brink of signing a lease agreement for the selected building when the people discovered there was only one parking spot in front of the store. Needless to say, they backed out of the deal. This has occurred more than once with other businesses and, until the something is done about it by the Downtown Development Authority (DDA), it will continue to be a problem.

I sometimes wonder if a fear of competition has anything to do with this attitude. Wouldn't it be a great story if it turned out that just a few business people are resisting growth Downtown because they have things sewn up already, and don't want to compete with anyone else? I certainly hope I never have to write such a story.

Cops to Roam

Fred Danby, the new Chief of the Romulus Police Department, has instigated some new programs that are going to make a difference in the crime activity in this city.

According to a very reliable source (Mayor Beverly McAnally), the police officers in Romulus will, periodically, be patrolling our subdivisions on foot this spring and summer. The purpose will be to have more police visibility and to crack down on neighborhood crime more effectively than has been possible in the past.

Foot patrol of the Downtown Area has already begun, and it is rather nice to see a police officer walking a beat and keeping those cars that don't belong cleared out so that more parking is available for people with legitimate business. It sure has helped some of the congestion there. □

Parking Crackdown

by D. A. Atkins

On January 26, the Romulus Police Department began enforcing the parking limitations on Goddard Road in downtown Romulus, and signs are now posted all over town concerning the

length of time you can leave your vehicle. Hopefully, this will alleviate some of the congestion and the parking shortage, as well as address several other problems that have existed for quite some time.

The most important aspect of this action will be the increased visibility of our police department Downtown. It will also help foster more goodwill between the police department and the merchants and citizens in the area. How long has it been since a police

officer actually got out of a patrol car to walk the streets, stopping in at a place of business to say hello, issuing tickets, or speaking to citizens on the street?

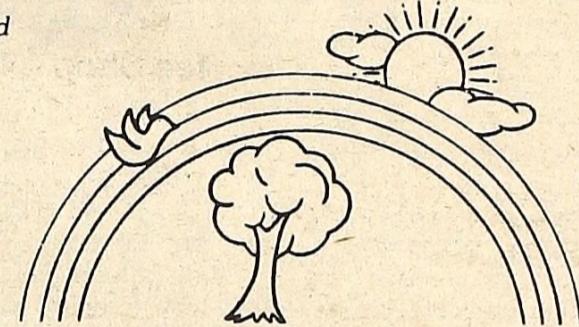
While it is true that we have needed the parking ordinance enforced, the closeness that will develop between the police and the community is just as significant, and is something we have needed for many years.

The new Police Chief, Fred Dansby, appears to be willing to take the bull

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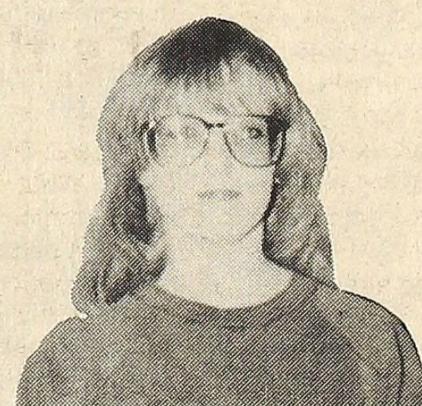
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DAVID A. ATKINS Editor

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EVELYN H. ATKINS General Manager
NITE-LITE GRAPHICS Composition

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"Cooker" Cookin' at Bullet

by D. A. Atkins

There is a gentleman working at the Silver Bullet Bar here in Romulus whom I once had the pleasure of working with for three years. His name is Tom Cook, but he is better-known as "Cooker."

When my wife and I had our group (we played Country, Country Rock, and '50s music), Whiskey River, we came across this fine musician quite by accident. He was working with another band, and when I heard him play the organ and piano, I would not be satisfied until I was able to hire him to work with our group. In fact, Tom worked with us when we appeared at the Rockin' Cowboy (now the Silver Bullet) for about five weeks.

As an entertainer, he is absolutely excellent, and on the personal level, "Cooker" is a super nice guy.

"Cooker" has not worked just the local bars all his life; he has played in Nashville, Las Vegas, Reno, and other towns well-known for music, and has worked with several famous entertainers, also.

The Bullet is very fortunate to have him and his group on hand for two weeks, and a trip to see them would be an enjoyable evening out. (Actually, it isn't 'his' group — the group works together as a unit and has no band leader. All play well together and get along great.) They play Top 40, Oldies, and some Country, and they do a fantastic job with all of it.

Stop by and see "Cooker" cookin' at the Bullet this coming Friday and Saturday (it's the group's last weekend there). I'm sure you'll enjoy his playing, as well as that of the drummer, guitar player, and female singer (who also plays more than one instrument) who work with him. They sing great harmony, too! □

Seafood Stop Has Great Seafood Near the Lake

by D. A. Atkins

At the corner of Haggerty Road and Huron River Drive, there is a new seafood store that has everyone I've talked to raving. It's called the Seafood Stop.

The store is actually located in Belleville, but so many people from Romulus are shopping there that I just had to go see what the 'real deal' was.

Originally, I had been told that it was a fish-and-chips restaurant, so when I first got there, and found a seafood store, I thought I was in the wrong place.

The Seafood Stop sells fresh chicken and beef in addition to Great Lakes and ocean fish. The fish that's the most popular with customers right now is ocean perch and cod, and fresh-water perch and walleye. Cooked dishes are also served, with the current favorite being a plate of 24 fresh shrimp (medium) with French fries and cole slaw. I haven't tried it yet, but it sure looks good coming out of the fryer.

Actually, from what I could see, there is a very large variety of fish (whole or fillet) on hand, and you can pick what

you want from an ice-filled counter. I liked another of the store's services, too: if you buy at least a pound of fish, the people there will fry it for you while you wait for an additional charge of only one dollar. There are no tables for sit-down eating, but there is carry-out service that doesn't take forever and a day to get. It's called, "Make Your Own Meal," and it's a great idea.

The owners of the Seafood Stop are Pat Little, a mother of two boys, and W.F. Hurst. Mr. Hurst has an almost-famous saying: "If it comes out of the water and we ain't got it, somethin's fishy."

The Seafood Stop is open seven days a week, and has extended its Friday and Saturday hours (for the winter months, only) to between 10 a.m. and 11 p.m. □

Coffee Shop to Open Soon

by D. A. Atkins

In a recent article, I reported that a little coffee shop would be opening soon Downtown at the corner of Goddard and Sterling.

Well, after a long ordeal in which the Health Department tried to make up its mind about what its requirements were going to be, it appears that The Coffee Shop will be opening soon.

It is hard to believe that we will soon have a nice place to go to eat homemade pie, drink fresh coffee, and just have a nice, down-home conversation. (I don't yet know what hours it is scheduled to be open.)

Please support this new business Downtown; we most certainly need it. If the prices are right (I hear they will be) and the food is good (again, I hear it will be), then we'll all have a nice place to 'grab a bite.' (I already know that most of the local business people and the seniors can hardly wait for the opening!) □

SECRETARY

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example, Mayor McAnally informed me about a sewer service that has been requested on Wayne Road that would allow residents to get rid of septic tanks. The money saved from reducing the secretarial position from full- to part-time would just about cover the cost of this needed sewer service. □

It's the Law

by Murray A. Duncan, Jr., Attorney

Q. What does the term "constructive notice" mean?

A. A person is said to have constructive notice when, having the means of knowledge, he does not use that knowledge. If he has knowledge of such facts as would lead any honest man, using ordinary caution, to make further inquiries, and does not make, or avoids making, the obvious inquiries, he must be taken to have notice of those facts which, had he used ordinary

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Police Beat

by D. A. Atkins

An Excellent Effort

A very alert cop played hide-and-seek with two adults the other day, and made a good arrest.

It seems that two men riding ORVs (off-road vehicles) passed a car that turned out to be an unmarked police car. They turned into the grounds of one of the schools, and began riding their vehicles behind the building, playing whatever games you play with ORVs.

While they played mouse, the police officer played cat. He quietly pulled up to their riding area and stopped them. When he tried to check the I.D. numbers on the vehicles, Lansing informed him that there were too many numbers on the registrations to be correctly identified. Finally, the Romulus and Lansing officers caught on to the problem, dropped the last letter or number from the ORVs, and came up with the numbers of two stolen vehicles.

The men were arrested, and at least one of the ORVs will be returned to its rightful owner.

We have a very alert cop patrolling our streets. Thank you, officer Tom Ellis, for your excellent police work.

Attempted Rape on South Side

At approximately 4:45 a.m. on a recent cold morning, a 39-year-old woman walking to work was picked up by a Romulus man who offered her a ride to her job. Just a little ways down the road (Vining), the man said he had run out of gas, so the two got out of the car and started walking toward her place of employment. Then, according to the victim, the man suddenly hit her several times and tried to rape her, but she broke away from him. She was then picked up by another car and was taken to the police station to file a report.

When police officers took her back to the scene, they found the assailant working on his car; he was arrested and taken to jail.

The man's arraignment was February 6 in front of Judge Zabarowski of Romulus. He was charged with sexual assault in the second degree and held on a \$25,000 cash bond. His examination will be on February 15.

Drug Bust

On February 3, a search warrant was issued for 35606 Bibbins in Romulus.

At approximately 1:30 p.m., police entered the home and found assorted drug paraphernalia and marijuana remains. As a result of an investigation by the Romulus Police Department, one David T. Haynes of Whitehorn in Romulus was arrested and charged with delivering cocaine (under 25 grams), which is a felony offense. Mr. Haynes was arraigned on Saturday, February 4, and was released on \$5,000 personal bond. A preliminary examination of the 28-year-old Haynes is scheduled for February 15 at the 34th District Court. □

A Quick Quiz on Black History

In honor of Black History Month, Romulus City Councilman Randy Gear submitted the following quiz to test your knowledge of the roles played by some key figures in Black history. To take the quiz, match the name of each person with his/her historical achievement. (Solution can be found elsewhere in this issue under the heading 'Quiz Answers'.)

People

1. Marion Anderson
2. George Washington Carver
3. Dr. Martin Luther King, Jr.
4. Robert C. Weaver
5. Rosa Parks
6. Shirley Chisholm
7. Langston Hughes
8. Sidney Poitier
9. W.E. Dubois
10. Harriet Tubman
11. Matthew Henson
12. Lyndon B. Johnson
13. Dr. Charles Drew
14. Jesse Owens
15. Whitney M. Young, Jr.

Historical Significance

- a. a key figure in the Underground Railroad
- b. signed the Civil Rights Act of 1968 into law
- c. considered the 'Mother of the Civil Rights Movement'
- d. first Black to sing in the Metropolitan Opera
- e. brought the philosophy of 'Passive Resistance,' or nonviolence, to the Civil Rights Movement
- f. Director of the National Urban League
- g. first Black actor to win an Academy Award
- h. first Black to serve as a Cabinet member to the President
- i. Gold medalist in Track and Field in the 1936 Olympic games
- j. first Black Congresswoman
- k. did pioneer work with blood plasma
- l. poet, playwright
- m. scientist who experimented with peanuts
- n. scholar, editor, and historian
- o. member of the first expedition to the North Pole

A Night in the Eagles' Nest

Romulus High School alumni and other residents of the community are invited to attend an evening of dinner, music, and dancing at the annual Night in the Eagles' Nest on May 13 at the High School. The affair will begin at 7 p.m. with dinner (semi-dress attire, please), followed by dancing to music provided by the Romulus High School Jazz Band from 8 to 11 p.m. In addition to the band's regular members, alumni members will be invited to 'sit in.'

Tickets for the event will be sold at the door at a cost of \$5 for alumni and \$10 for all others who wish to attend.

(After 8 p.m., alumni get in free and all others pay \$5.)

In addition to the concert, the Jazz Band will hold a practice at the High School May 6, from approximately 1 to

4 p.m.; everyone is invited.

For more information on the practice or the concert, please contact Vicky (Bussard) Smith at 942-0402. □

Barnhardt (clarinet trio); Maria Deleon and Trinity Gervais (flute duet); Tanya Jackson, Lakeisha Holmes, and Kai Smith (flute trio); Alvia Dupree and Judy Simmons (cornet duet); Eboni Talley, Jill Howard, and Jessica Austria (clarinet trio); Barbara Markowski and Diane Zemke (flute duet); Brian Atkins and Tomeka Sommerville (baritone duet); Diane Zemke, Tara Wood, and Melissa Chmura (flute trio); Stephanie Carr, Lisa Huff, and Stephanie Webb (cornet trio); Melissa Griffith and Bracken Spencer (French horn duet); and Lisa Huff and Georgette Wiginton (cornet duet).

Groups receiving Second-Division ratings were: Jill Howard, Ebony Talley, Latoya Holmes, and Erica Bennett (clarinet quartet); Stephanie Carr and Meredith Avery (cornet duet); Jesse Flores, Toya White, and Georgette Wiginton (cornet trio); Laura Madison, Tara Wood, and Barbara Markowski (flute trio); Latoya Holmes and Erica Bennett (alto clarinet duet); Lakiesha Holmes and Laura Madison (flute duet); Theresa Wegienka and Jamie Taylor (tuba duet); Kai Smith and Tanya Jackson (flute duet); Bryna Bosley, Jean Rhoton, Andrea Brown, and Shannon Wissell (clarinet quartet); Tracy Holtschlag and Rachel Cook (trombone duet); Erin Reinhackel, Lori Rozdowski, Kristie Miller, and Leah Hance (clarinet quartet); Ann Mellnick and Allethea Greene (flute duet); Susan Carroll, Andrea Brown, and Jeannette

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Happy Birthday to Francesca
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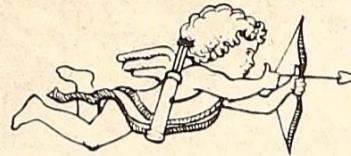
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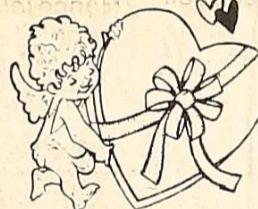
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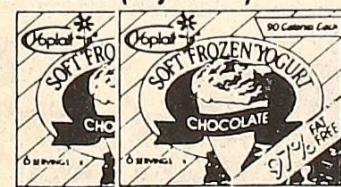
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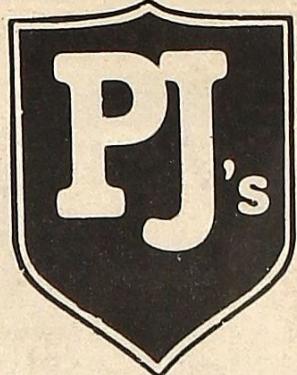
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HERE'S TO YOUR HEALTH

Oral Health

by Rhonda J. Hennessy, D.D.S.

Like other well-known holidays and health days, there is a National Dental Health Month, and February is that month. Join us in the fight against tooth and gum disease! During this month, children from neighboring schools will make field trips to my office, and I also will be going to the schools to speak to various classes. Hopefully, we will be able to show that the first dental visit can be a pleasant adventure, not something that (as happens all too often) has to leave an unfavorable impression.

Mothers-to-be can start their child off right by eating a well-balanced diet. They should avoid sugar and resist any inclinations to indulge in sweet snacks or drinks. Home care should be followed meticulously, and regular dental care should be continued, as well. There is little reason to avoid appointments during pregnancy; dental treatment can be rendered without risk to the mother or baby. Of course, we are always glad to consult with their physician. Regarding x-rays, the American Dental Association recommends that only emergency radiographs be taken during a pregnancy. If the need does arise, we take precautions to assure safety. The exposure time is brief, the beam is very narrow, and, of course, mother and unborn child are protected by a lead shield.

The baby's tooth buds begin to form during the fifth or sixth week of pregnancy. At birth, the 20 primary teeth are almost completely formed, but hidden within the jaws. You can expect baby's first tooth to erupt at about six months of age (eruption patterns vary greatly) — usually one of the lower incisors. When the teeth are getting ready to break through the gum tissue, the gums get red and swollen, excess drooling may occur, and the baby may become irritable and restless; you may also notice a slight fever. To help your baby through this, you can give him or her a cool, clean teething ring. (Babies seem to find relief from gumming anything available.) Make sure the object you give him or her cannot break or cause choking.

Now that they have teeth, what can a mother do to help baby fight plaque problems? Rubbing a clean, soft, moistened gauze or washcloth over the teeth will help remove the plaque and keep them clean. This important first step is great for getting an infant used to a clean-mouth feeling.

Baby teeth, or primary teeth, are the guides to the eruption of the permanent teeth, helping to maintain their proper spacing. Children who have lost primary teeth early are more likely to require braces later.

At what age should a child make his or her first dental visit? The earlier professional care is begun, the better

the chance of heading off problems. When all the primary teeth are in, between the ages of two and two-and-a-half, is usually a good time to begin. At this age, the experience can be fun, and we can head off fearful experiences.

The dentist can be a friend to your child, and going to the dentist can be a pleasant adventure. □

Muscle and Joint Pain

This seventh of a series of articles on Chiropractic medicine is reprinted from Pain, Headaches, & Stress by Chester A. Wilk, D.C., P.C., and was submitted by Dan Elwart, D.C.

Chiropractic has achieved worldwide recognition for its ability to correct neuromusculoskeletal conditions when other methods fail. If an ailment is 'structural' by nature, it is more likely to respond to a 'structural' treatment. In fact, it *must* be 'structurally' corrected. Too often, patients with structural problems are mistreated and suffer needlessly because of failure of other professionals to recognize an underlying structural problem. Hence, interprofessional cooperation should be the rule — not the exception.

The study of the neuromusculoskeletal system, consisting of nerves, muscles, bones, and joints, is an important part of a chiropractic curriculum. It deserves this attention because the musculoskeletal system makes up 60% of the human body's systems, and it is subjected to the stress, strain, and trauma of everyday activity.

World-renowned medical orthopedist/professor and author, Dr. John McMillan Mennell, testified that the average new medical resident in hospitals only has from zero to four hours training in the musculoskeletal system.¹ That should not be surprising, given the heavy emphasis on the use of drugs and surgery in their education.

Chiropractic colleges devote extensive training to the musculoskeletal systems of human beings. This explains why there is frequently a lack of understanding of the structural biomechanics of the spine by most medical doctors. They simply do not have the comprehensive training of chiropractors in this field. Another prominent physician, Dr. Scott Haldeman, who is both a chiropractic and medical doctor, and has a Ph.D. in neurophysiology, testified before the New Zealand Government Commission of Inquiry on Chiropractic that it would take a medical-school graduate *full-time* studies for one year after receipt of the medical degree, to try to become qualified as a doctor of chiropractic in the biomechanics of the musculoskeletal system.²

Chiropractic's great success in the neuromusculoskeletal field is twofold. First, it is the result of better training,

understanding, and qualification. Second, it represents a rational and effective approach to structural/biomechanical ailments without the reactions or hazards of drugs or surgery. This makes chiropractic the *best and safest* treatment for many instances of muscle and joint pain, loss of normal joint dynamics (movement), and conditions related to the foregoing.

1. John McMillan Mennell, M.D., Ph.D., expert testimony, U.S. District Court, Northern Illinois Eastern Division, No. 76 C 3777, May 1987.
2. New Zealand Commission of Inquiry on Chiropractic, 1979. □

Obesity

by J. H. Barden, D.O.

Obesity represents one of the two most significant health problems in the United States. It is associated with the major causes of premature death and disability in our society.

Obesity is the primary factor in the development of: adult diabetes, kidney disease, menstrual disorder, reproductive problems, heart failure, arthritis, gout, hypertension, back pain, and other musculoskeletal disorders. There is a strong association between obesity and uterine cancer, atherosclerosis (clogged arteries), gall bladder disease, strokes, myocardial infarcts (heart attacks), and premature death. In addition, obese people have significant psychological problems because of society's emphasis on the concept of 'thin is beautiful!' It is estimated that 40 million Americans are obese (at least 20% over their ideal body weight).

Obesity is caused by eating more calories than are burned up by the body. It is as simple as the following equation: calorie intake = energy output + energy storage.

If calorie intake is greater than energy output, weight is gained. If calorie intake is less than energy output, weight is lost. In order to maintain his present weight, a person must consume, each day, 12 calories for every pound that he weighs. That means a 100-pound adult burns 1,200 calories per day, and a 200-pound adult burns 2,400 calories per day.

A pound of subcutaneous fat contains 3,500 calories, and for every 3,500 calories cut from his diet, a person will lose one pound. Take, for example, a 200-pound lady who wants to weigh 150 pounds. To find the number of calories per day that would maintain her weight, we take 200 pounds × 12 calories per pound per day = 2,400 calories per day. If she goes on a 1,000-calorie diet, then those 2,400 calories - 1,000 calories consumed = 1,400 lost calories per day. The lady wants to lose 50 pounds: 50 pounds × 3,500 calories per pound of fat = 175,000 total calories to be lost. The amount of time it will take her to lose those calories is 175,000 calories - 1,400 calories per day = 125 days.

Actually, the problem is slightly

more complex than the above example. As the patient's weight drops toward 150 pounds, she will need fewer calories to maintain her present weight (150 pounds × 12 calories per pound per day = 1,800 calories per day), and her intake of 1,000 calories per day will leave her with 800 calories lost per day instead of 1,400. In other words, the smaller she gets, the more slowly she will lose weight.

The number of calories required to maintain a pound of weight varies depending on many factors, including activity level. The patient may have an unusual metabolic rate, and require either fewer or more calories than the average of 12 per pound; however, extreme variations because of metabolic rate are extremely rare (less than one percent). Most patients who keep an accurate record of what they eat find their caloric intake is very close to 12 calories per day.

There is a limit, though, to the number of calories that can be cut from the diet in order to lose weight at an optimum rate. If a patient eats less than $\frac{1}{3}$ of his ideal body weight × 1,200 calories per day, the body reduces its metabolic rate by 500 to 600 calories. This means that fasting is ineffective because the fasting body burns many fewer calories than a body with a more reasonable diet. A dieting patient is better off cutting his consumption by 500 to 600 calories than he is fasting. Also, diets extremely low in calories can be dangerous.

What should a person do to lose weight? The first step is to consult a physician. No one should undertake a drastic diet that markedly changes his food consumption or eating habits without first seeing a doctor. The goal of dieting should be to reach a lower weight and then maintain it for the rest of your life. This requires a change in eating and exercise habits that persist through time. Weight-reduction programs should include a diet plan, a behavior-modification approach, and an increased level of exercise.

The patient should be placed on a diet by his physician. He should also carry a small calorie counter and notebook with him wherever he goes. Everything eaten should be logged in the notebook, along with its caloric value. The patient can then ask himself if the moment of eating pleasure was worth the weight he is carrying around because of it.

Exercise is valuable for several reasons. Although exercise burns very few extra calories, those calories tend to add up over a long period of time. An additional 100 calories burned in exercise every day translates into about a pound of weight loss per month. Also, active people tend to eat less than their sedentary counterparts. Exercise caus-

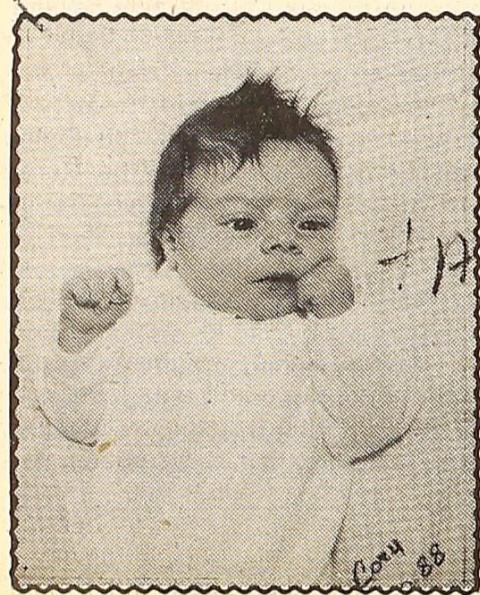
continued on page 13

New Arrival

Cory Austin Haynes

Thomas and Valerie Haynes are pleased to announce the birth of their second son, Cory Austin Haynes. Cory was born November 30, 1988, at 11:36 p.m. He weighed seven pounds and 14 ounces, and measured 21 inches.

Cory is the grandchild of maternal grandparents Mrs. Donna Plank and the late Robert Plank of Romulus, paternal grandparents Mrs. Marianne Haynes and the late Robert Haynes of St. Ignace, Michigan, and great grandparents Mr. and Mrs. Lawrence Plank of Romulus and Mrs. Mildred Parrot of Indian River, Michigan. All welcome the latest addition to their family with plenty of love. □



BAND *continued from page 4*

(cornet duet); Jon Davis and Stephanie Webb (French horn duet); Talia Tripp and Latoya Sconiers (tuba duet); Steve Banko, and Joey Felice (baritone duet); Diane Kehn, Missy Griffith, and Janice Clark (trombone trio); Diane Kehn and Janice Clark (trombone duet); David Haines and Rachel Cook (trombone duet); Amy Gilbert and Michelle Allen (snare drum duet); Alana Cope and Amy Gilbert (snare drum duet); Erica Shelby and Becky Anderson (trombone duet); Tracy Holtschlag and Missy Griffith (trombone duet); Elizabeth Greca and Toya White (cornet duet); Stephanie Webb and Melissa Griffith (French horn duet); Heather Dehart and Tiffany Vargo (cornet duet); Michelle Luttermoser and

continued on page 12

Arts and Crafts Show Planned

by Michelle Major

St. Aloysius Parents Club is sponsoring an Arts and Crafts Show on Saturday, March 11, from 12 to 8 p.m., and Sunday, March 12, from 8 a.m. to 2 p.m. There are 40 tables available to rent and display your art or craft. To rent a space, simply mail your application with your check or money order to the address on the application or, if you need further information, call me at 941-5929.

Some of the tables already rented will be selling leather purses, shadow boxes, candy, wreaths, quilts, and other items too numerous to mention. The Parents Club will be selling refreshments and lunch on Saturday, and coffee and donuts on Sunday morning.

The monies brought in from this fund raiser will be used to pay for the computer program. Other monies raised by the Parents Club pay for the music program and help to defray the cost of many things around the school. Special items are purchased for the school that likely would not be possible to have were it not for the Parents Club and the fund raisers it sponsors.

On behalf of St. Aloysius School, faculty, and the Parents Club, your continued local and community support are always and deeply appreciated.

We hope you will again support our efforts by helping make our craft show a big success for all. □

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SCC Champs Again

by Fred Coleman

The Romulus High School Wrestling Program successfully defended its South Central Conference (SCC) Championship this past weekend. With seven wrestlers finishing as League Champs, the Eagles cruised to what appeared to be an easy victory.

Romulus finished with 187.5 points, well ahead of a distant second-place Adrian, which ended up with 126.

"We knew it would take a total team effort, and we had set our sights on this day way back at the beginning of the season," said first-year Coach Norman Butler. "It was nice to win this honor again, but it was especially nice to do it in our own gymnasium."

Finishing first for the Eagles in this year's Championship were Bruce Boyd, Rick Champagne, Brian Farnan, Ralph Farrell, David Gehringer, Tim Kosikowski, and Paul Nowicki; Don DuFore, Bill Lincoln, and Scott Murawski placed second.

This championship culminated a fantastic season for the Wrestling Program, as it finished with a 15-1 record in dual meets while accumulating a third-place finish, three second-place trophies, and two championships in tournaments this season.

The team now enters the month-long quest for team and individual State Championships.

In the Pre-Districts on Wednesday at Wayne Memorial, the Eagle wrestlers placed 11 out of 13 weight classes into the Districts to be held on Saturday at Lincoln Park.

Qualifying for the second round of the State Tournament Districts were Bruce Boyd, Rick Champagne, Don DuFore, Brian Farnan, Ralph Farrell, David Gehringer, Garth Hixon, Tim Kosikowski, Scott Murawski, Paul Nowicki, and Mike Sculley.

At Lincoln Park, the following wrestlers qualified to move on to the Regional round to be held February 11 at Plymouth Salem High School.

Tim Kosikowski and Bruce Boyd both lost tough matches in the finals against two excellent wrestlers from Bedford High School.

"They will see these young men again on Saturday at Salem," stated Coach Butler, "and both of these guys are excellent wrestlers who learn from their mistakes. I anticipate different results in the Regional finals, and I really expect these two to join our four District Champions as representatives of Romulus High in the State Tournament February 17 and 18 in Battle Creek."

District Champions for Romulus were Rick Champagne, Brian Farnan, David Gehringer, and Paul Nowicki.

"David defeated the same kid from Ann Arbor Huron he had to beat to be League Champion. It was a good match, but David just wrestled great all day," added Butler. "Brian and Rick took control early in their matches, and appear to be very strong going into Regionals next weekend. Paul had a tough day, but managed to extend his undefeated record (26-0), even though he is hobbling

around on two broken toes."

"It wasn't easy for Paul today," stated Assistant Coach Tracy Cline. "The Rule kid from Lincoln Park is smart, and took Paul to the third period for the first time this season before Paul finally put away the match (1-0) on an escape move early in the third period.

"We can put six guys in the State Tournament for the first time ever," Tracy continued, "and that is a real compliment to our fine wrestlers, as well as to our school and its program."

On Wednesday, February 8, the Eagles begin the State 'Team' Tournament at Wayne Memorial High School beginning at 5:30 p.m.

"We go head to head with Belleville in this one," stated Coach Butler. "It should be a good match. The kids are talking about Bedford as the team to beat in the Regionals, but if we don't do our job on Wednesday against a really tough Belleville team, there won't even be any Regionals."

Ralph Farrell and Don DuFore are both seniors who have done an excellent job for our program. Unfortunately, they lost very tough one-point decisions and just missed qualifying for Individual Regionals.

"I hated to see these two lose those matches," added Butler, "but they lost to good wrestlers and you can bet they will regroup and do everything they can now to help our team become the District, Regional, and possibly even the Michigan State Champion for 1989."

Team Districts are Wednesday, February 8, at Wayne Memorial and Individual Regionals are Saturday, February 11, at Plymouth Salem. You may want to get out and see these guys do their thing. I don't know if it's the best team we have ever had, but I do know it's the hardest working. Believe me, you will not be disappointed if you make plans to follow our wrestlers to their contests over the next few weeks.

Hope to see you there. □

Volleyball News

by Fred Coleman

The Varsity Volleyball Program continued to improve the season record to an impressive 24-8 with recent victories over League-opponents Ann Arbor Pioneer and Ypsilanti.

Laurie Berlin had probably her best League match of this season, accumulating 22 kills and six blocked shots, while sophomore setter Jennifer Daniel also had a great night, setting 95% of her attempts for the evening.

"Both Jen and Laurie had excellent games, no doubt," stated Coach Gail Coleman, "but our real heroine of the evening was junior Chris Stratton, who had to step in to replace the ailing Mikki DiBenedetto at the other setter position. Chris hadn't been in this position all season, and her play really made the difference in how we performed against Pioneer."

On Wednesday, the Eagle Varsity went to Ypsilanti and, although their play was very inconsistent, they still managed to walk away with a victory to improve their League record to 4-2.

SCHOOL SPORTS

"We're not out of this league's Championship by any means," added Coach Coleman. "With Pioneer upsetting Ann Arbor Huron last week, all we need is to play well against Adrian and Huron in our next two matches, and we win it."

The Eagles will have to play much more consistently against their next two League opponents than they did against Ypsilanti. After winning the first game 15-9, the girls seemed to lose momentum, and Ypsilanti won 18-16 and 15-10. The character of the team took over after these two defeats and, behind some excellent net play by senior Laurie Berlin and a total team effort of hustle and desire to win the match, the team pulled out consecutive victories of 15-8 and 15-9.

On Saturday, the young ladies took their talents into the University of Michigan-Dearborn Tournament.

"This is always one of the toughest tournaments in this area," added Coleman, "but we like to play in it because it helps us see where we need to improve to get ready for the end-of-the-season State Tournament."

The girls played in a pool consisting of Detroit Denby, Warren Mott, Harper Woods Regina, and Monroe. After consecutive wins over Denby and Mott, the Eagles' defense went a little sour and they had to absorb two losses to Regina and Monroe.

"Our serving and back-line defense just fell apart in the afternoon round," said Coleman. "We seemed to be flat-footed and listless. Don't get me wrong: those two teams that beat us are good and I'm not so sure that Harper Woods didn't win the Tournament, but we played badly in those two games."

The Eagles get a couple of days off before taking on League-leading Ann Arbor Huron in Ann Arbor on Wednesday, February 8. The Romulus Roman Tournament will follow, with the J.V. competition taking place on Thursday beginning at 3 p.m. and the Varsity play beginning at 8:30 a.m. on Saturday, February 11. Hope to see our volleyball fans there. □

Boys' Basketball

by Fred Coleman

The Varsity Boys' Basketball Team has extended its record to 7-8 overall, while its League record has dropped to 2-4.

"We have had three straight League losses, and I really can't make any excuses," stated Coach Dan Henry. "The other teams have played really well against us and, as well as they have played, that's how poorly we have played. We seem to be a little stale right now, but this is a good group of athletes and we have seven of our next eight games at home, including the Districts. I have all the confidence in the world that these young men will

regroup and do well down the stretch of this season."

The Eagles have hit a cold streak in shooting, both outside and from the free-throw line, and this has led to three road losses to Adrian, Ann Arbor Pioneer, and Ypsilanti, with all three being by 10 or more points.

"Everyone is playing well in spurts," added Henry. "Grayam has played very well at times, and Arol and Virgil have both been outstanding for us this last month. It just seems we can't get two or three people hot at the same time."

The Eagles' turn is coming and, maybe, just at the right time. With five games remaining before the State Tournament begins, there is still plenty of time to get back on track. The Eagles host League-leading Ann Arbor Huron on Tuesday night, with River Rouge coming to our gym on Friday. Then it's on the road to Wyandotte next Tuesday before Adrian and Ypsilanti Lincoln come to our gym to finish the season.

"We're pointing toward the Districts now," stated Henry. "We host them on February 27 (Monday), March 1 (Wednesday), and March 3 (Friday), and we plan

MURRAY A. DUNCAN, JR.

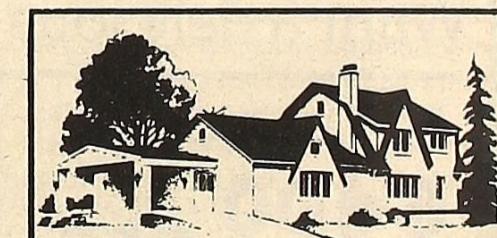
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TS 'N' NEWS

to be in all three of those evenings."

More information about upcoming Districts will be forthcoming in future issues of *The Romulus News*, or you can call me at the Athletic Department, 941-3414, with any questions or concerns about the Eagle team and/or the upcoming games. □

From the A.D.

by Fred Coleman, Romulus Schools Athletic Director

I know it has been a mild winter, and maybe many of our students, staff, and community members have been golfing or horseback riding, but I am a little disappointed in the following that our excellent winter teams have been getting.

According to the coaches, the Junior-High Basketball Team has more talent than it's had in a number of years, the Wrestling Program at the Junior High is, once again, dominating its opponents, and our High-School teams are really doing great this winter.

I know you're not supposed to look back, but I seem to remember when going to the local school's evening

game was an experience that no one wanted to miss. It's sad, but it seems that those days are gone. With an excellent Volleyball Team currently 26-10 on the season and a very exciting Basketball Team, not to mention a 15-1 Wrestling Program that could, conceivably, win the State Championship, you would think our gym would be packed with student support and community members.

Not true! Our attendance is down in all sports this year, and I'm not sure why. I guess people have other things to do. And students? Well, it appears that cheering for your school is 'out' in the '80s. It sure is a shame, because we have some of the best young student-athletes in the Metro Area who are working very hard to represent this school and community.

Maybe it's me. I really enjoy watching junior- and senior-high sports. I guess that's why I took this job. It just seems a little strange that, with all the complaining I hear people doing about "too much TV" and "nothing for our youth to do," we don't encourage our young people to attend games, and

maybe even go to a game with them.

We have a number of contests at home in this next month, with Districts in Basketball and Volleyball. Romulus is even hosting the first-ever Junior High Volleyball Tournament on Saturday, March 11, at the High School.

Think about turning off that TV in this next month, and maybe attending one of our games. You may be surprised at the enjoyment you will have. Tickets are only \$3 (usually \$2) for adults, and \$1 (sometimes \$2) for students, but even at the maximum cost, it is an evening of fun and excitement (definitely better than ALF).

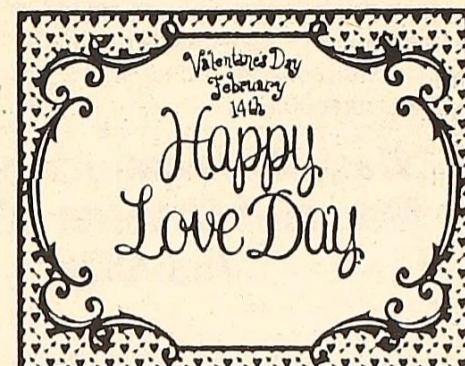
It's not just our community that has this problem, either — it seems that attendance is way down in every school we go into. Maybe it's just the '80s. I sure hope so. I know the kids sure deserve to be recognized for their excel-

lent efforts. It seems that the music of the '60s is making a comeback, so maybe people's attitudes about involvement in school activities will also revert back to a '60s way of thinking.

That sure would be nice. □

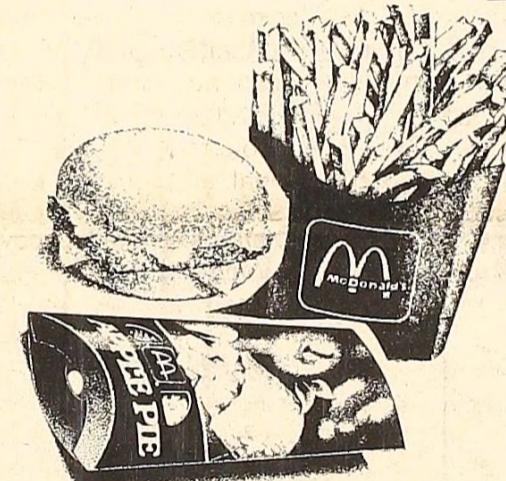
Quiz Answers

1, d; 2, m; 3, e; 4, h; 5, c; 6, j; 7, l; 8, g; 9, n; 10, a; 11, o; 12, b; 13, k; 14, i; 15, f. □



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Obituaries

Karen M. Applebee

Karen M. Applebee, age 46, a resident of Romulus, died January 25, 1989, in Trenton, Michigan.

Karen was the dear mother of Jill and Noelle Applebee, the daughter of Mrs. Arda E. and the late Leo J. Walpole, the sister of Thomas M. and Dennis E. Walpole, and the aunt of Kari L. Walpole.

Karen was an employee of Header Products of Romulus, and a member of St. John's Lutheran Church-Taylor.

Funeral services were held Saturday, January 28, at St. John's Lutheran Church, with Rev. Carl Waidelich officiating. Cadillac Memorial Gardens, Westland, was the site of interment.

C. Christine Buckberry

C. Christine Buckberry, a former resident of Romulus (1929-1962), died January 25, 1989, at Seven Rivers Community Hospital in Crystal River, Florida. She was 69 years old.

Christine was the beloved wife of Hugh F. Buckberry, whom she had been married to since 1937. She was also survived by her son, Hugh E. Buckberry; her daughters, Mrs. Ron (Hester L.) Mostoller, Mrs. Bill (Carolyn Ann "Kay") Stone, Mrs. Deborah Sue Gilman, and Mrs. Janice Jo Towler; her mother, Olive E. Kelly; her brothers, James, Bobby, Merle, Lloyd, Donald, and Fred Keller; her sister, Mrs. Ed. (Juanita) Blank; 17 grandchildren; and seven great grandchildren.

Christine was a very active member of the community when she resided in Romulus, and was involved with

Mary B. Rhodes

Mary B. Rhodes of Van Buren Township died January 24, 1989, at Annapolis Hospital. She was 34 years old.

Mary was the sister of Mrs. Harry (Sandra) Crout of Romulus. She is also survived by her parents, Harvey E. and Betty M. (Oakley) Rhodes, and several siblings: Sid H. Rhodes, Mrs. Peggy Dove, Mrs. Bernard (Joy) Allen, and Gerald (Jerry Lynn) Robson.

Mary was a letter carrier for the U.S. Postal Service, and liked to raise and train German shepherds.

Funeral services were held Saturday, January 28, at Crane Funeral Home, with Rev. Susan DeFoe Dunlap of Mount Hope Methodist Church in Detroit officiating. Mary was cremated at United Memorial Gardens, Plymouth.

Memorials can be made to the Crippled Children Foundation. □

POLICE CRACKDOWN

continued from page 2

by the horns and clear up some of the long-standing problems in our area. He seems to have a head packed full of ideas, and even more important is his readiness to listen to citizens and respond to their wishes and requests. I sure hope that will be an ongoing attitude of his.

One thing is certain — most of the police officers I have talked to have already acquired a great deal of respect for their new chief. □

**West Michigan Associates
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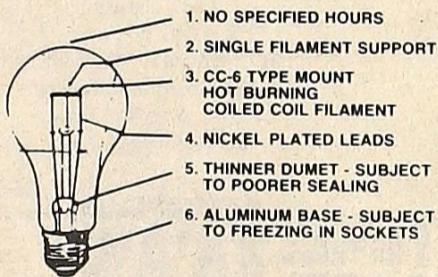
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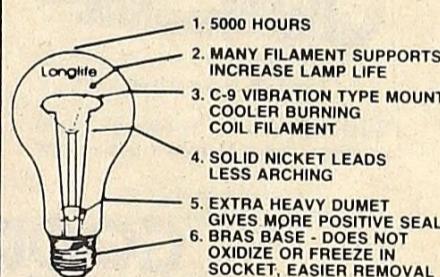
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2 LARGE PIZZA

Cheese & 2 Items

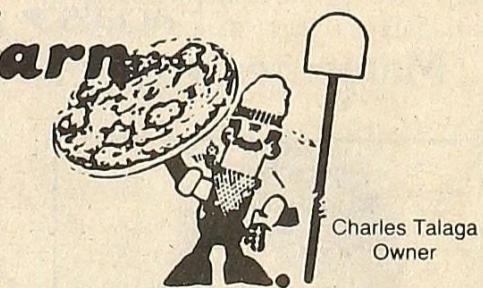
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BUY ONE PIZZA,
GET SAME IDENTICAL
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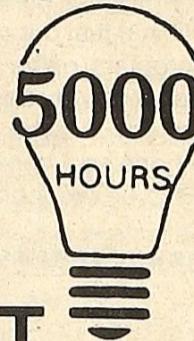
BAND *continued from page 9*

Staci Steffani (flute duet); Kristie Miller, Dawn Hoinka, and Erin Reinhackel (clarinet trio); Trinity Gervais, Staci Steffani, and Michelle Luttermoser (flute trio); Kim Bramlett, Leah Hance, and Lori Rozdowski (clarinet trio); and Jocelyn Underwood and Robin Reilly (clarinet duet).

Third-Division ratings were received by: Jesse Flores, Meredith Avery, and Jeremy Sexton (cornet trio), and Robert Graham (piano solo).

Band Director Richard Kruse want-

continued on page 16



Pennington Asks Council to Send Resolution to Wayne County

“We Don’t Want the Jail”

by D. A. Atkins

At the February 6 meeting of City Council, Councilman Ellis Pennington asked his fellow members to send a resolution to County Executive Edward McNamara. Its content expressed gratitude to the County for considering Romulus as a possible site for its new minimum-security prison facility, but its final message could be summed up as "Thanks, but no thanks." The Council voted unanimous support for the resolution.

The Mayor, Pennington, and all of the other Council members had stated earlier that they were not really in favor of a jail site in Romulus to begin with, especially after they received so many

phone calls from Romulus residents who opposed it, but felt an obligation to hear the County's proposal just as they would any other proposal that concerns the City. (Please see this issue's "No Jail" story on the front page for more details.)

The Mayor and City Councilmen, one and all, should be commended for turning down the facility. Now that this issue has been disposed of (hopefully), maybe more of an effort could be made to bring in more housing and retail business to our town. There is a definite need for more shopping throughout Romulus, and it would be great to have some new homes built here, too. □

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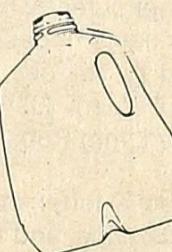
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OBESITY

continued from page 8

es the release of endorphin into the bloodstream, creating a euphoric feeling, and happy people eat less.

Behavior modification is a conscious effort to change eating and exercise habits. It takes six to eight weeks to develop a new habit. Here are a few practical tips:

- Always drink a glass of water before eating.
- Always calculate the calories and weight you will have to carry for the rest of your life before eating anything. This gets easier with practice, and then takes less time and thought. The water and calculations help to avoid impulsive eating.
- Always eat in the same location in your house.
- Chew your food slowly — enjoy it.
- Put your knife, fork, or spoon down between bites.
- Don't put food in your mouth until it is empty.
- Don't prepare more than one bite at a time on your plate.

It has been discovered that feelings of hunger last for a period of about 20 minutes. The above mechanisms slow down your eating and help reduce the amount you eat within that 20 minutes. You are every bit as satisfied if you eat lightly for 20 minutes as you would be if you had stuffed yourself for the same period of time.

- Don't eat when you are emotionally upset.
- Visualize yourself getting smaller. Imagine yourself getting into smaller pants or a smaller-size dress.

Weight control is important to your health. It is a lifelong struggle that must be dealt with every day, but if you win the battle your life will be longer and more satisfying. Remember, though, that it is important to consult your physician before beginning a diet. □

Doing Great

Marilyn Radford, Personnel Director for the City of Romulus, sent us the following letter:

Dear Dave:

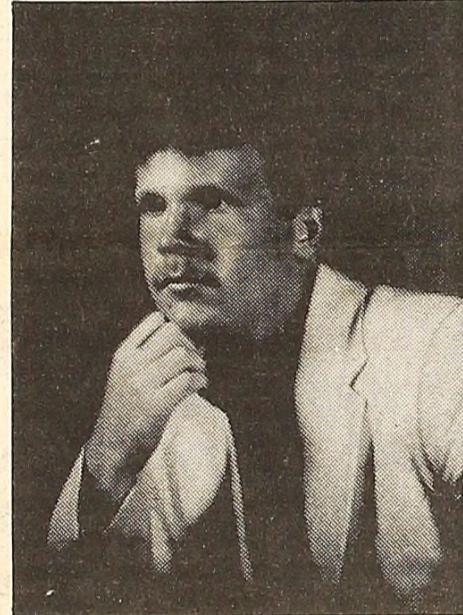
As you know, our son, Rick, was involved in a very serious car accident on October 19, 1988. He was in a coma for eleven (11) days.

Rick is now in the Rehabilitation Unit at St. Joseph Hospital, and he is doing great!

He was able to spend about three (3) hours at the Romulus Senior High on Monday, February 6, 1989 with his classmates. He was happy to see all his friends and the staff, and is looking forward to being discharged and returning to school.

Rick and his family would like to thank all the staff at the High School for the many cards and flowers he received — but most of all the prayers. Thanks to Mr. Wilkerson for helping make Rick's visit at the school possible.

Sincerely,
Marilyn L. Radford □



Rick Radford

**Happy Valentine's Day
To All Our Readers****ENGAGEMENT / WEDDING ANNOUNCEMENT FORM**

If you, or your parents, are residents of Romulus, The Romulus News will be happy to print an announcement of your engagement or wedding. If possible, please enclose a photograph. There is no charge. Just fill out the following information and mail to:

THE ROMULUS NEWS

36615 Goddard Road
Romulus, Michigan 48174

Bride's Name _____

Address _____

City _____ State _____ Zip _____

Groom's Name _____

Address _____

City _____ State _____ Zip _____

Bride's Parents _____

Address _____

City _____ State _____ Zip _____

Groom's Parents _____

Address _____

City _____ State _____ Zip _____

Date of Engagement _____

Date of Wedding _____

Place _____

Address _____

City _____ State _____ Zip _____

Time _____

Reception _____

Address _____

City _____ State _____ Zip _____

Time _____

Attach any additional information concerning the wedding or engagement to this form.

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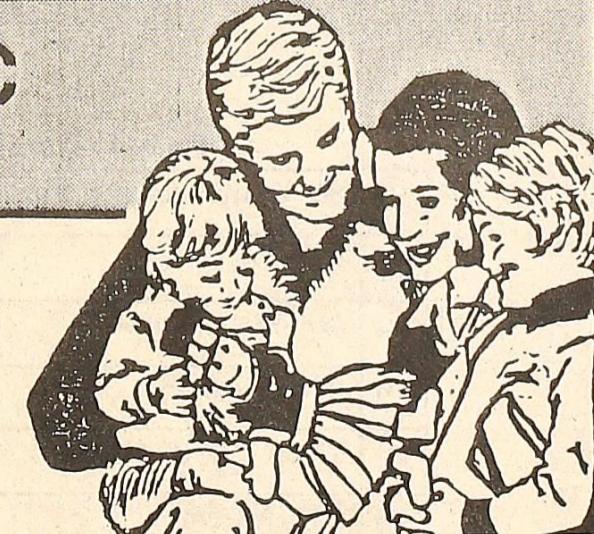
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SATURDAY
9:00 a.m. - 12:00 Noon



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HOME

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House Calls Available

NEWS FROM THE "REC" CENTER

Mother/Son Valentine Dance

What better way to celebrate Valentine's Day than by attending a dance with your little Valentine(s)?

Of course, there will be dancing, punch and cookies, a flower for that special lady, and a unique gift to remember that special evening.

If Mom can't attend, maybe Grandma, Aunt, or even Big Sister can. If you have more than one son, that's terrific — bring them all.

The dance will be held at the North Junior High School from 6:30 to 8:30 p.m. on Thursday, February 16.

You can register at the Recreation Building from 8:30 a.m. until 5 p.m., Monday through Friday. The cost is only \$3.50 for Mom and her Valentine, or \$5 if she brings more than one son.

For more information, call 952-6852.

Romulus Walking Club

A meeting for everyone who is interested in forming a Walking Club is scheduled for February 27 at 7 p.m. in the Recreation Building. If you walk, this is a perfect chance to meet other walkers. The club will join in other walks sponsored in other cities in the area, and also will work on a few walks within this city. If you are interested, but cannot attend the meeting, please

contact the Recreation Department so that your name can be added to the list for notification of future meetings and/or outings.

Bowling Events for February

Saturday, February 11, is the day set for the Father/Son Bowling event. The cost of \$12 per two-man team includes two games of bowling, jackpots, pizza, and pop. This is limited to the first 30 teams. If Dad can't attend, bring Grandpa, Uncle, or a neighbor. Bowling begins at 5 p.m.

An Adult Scotch Doubles event will be held Saturday, February 18. The cost of \$15 per two-person team includes bowling, pizza, and all jackpots. Bowling begins at 9 p.m., and is limited to 48 couples.

Karate Instruction

It's not too late to register for the karate classes which began the week of January 30 through February 3. The classes are offered on Mondays from 6 to 8 p.m. at Halecreek Elementary, or Fridays from 6 to 8 p.m. at Wick Elementary. The cost for this program, which runs through May, is \$40 per person, \$75 for two family members, \$100 for three family members, or \$125 for four or more family members.

Discount Ski Packages

The Romulus Recreation Department has discount ski packages for Riverview Highlands. The cost of four ski lessons, all equipment, and lifts is only \$35 (this is normally a \$70-plus package), and, for those who have their own skis, the charge is only \$25. Certain guidelines must be met, and the minimum age for the junior program is eight years of age. For further information, contact the Recreation Department at 942-6852.

Saturday Open Recreation

The gymnasiums of Wick, Hayti, Halecreek, and the old South Junior High are now open on Saturdays for Open Recreation. Elementary-age students can attend from 11 a.m. to 2 p.m., and junior-high and high-school students can attend from 2 to 4 p.m. There is no charge for the program, but it is only for Romulus students, so I.D. for the junior- and senior-high students will be checked. For further information, contact the Recreation Department at 942-6852.

Youth After-School Basketball Program

The Youth After-School Basketball Program, sponsored by the Recreation Department and the Romulus Community School System, meets according to the following schedule: third and fourth graders practice Mondays and Wednesdays from 3:30 to 5 p.m. at Wick, Cory, or Barth, or from 2:45 to 4:45 p.m. at Hayti, Merriman, or Halecreek; fifth and sixth graders practice Tuesdays and Thursdays following the same sched-

ule. The cost for the program is \$5, which covers a shirt. (There is no charge for those who had registered and paid for the soccer or floor hockey programs.)

Drop-In Programs

The Recreation Department's Drop-In Program events include Co-Ed Volleyball (Mondays, from 6:30 to 9 p.m., at the North Junior High; cost is \$1), Teen Basketball (Tuesdays, from 6:30 to 9 p.m., at the North Junior High, and Wednesdays, from 6:30 to 9 p.m., at Halecreek Elementary; cost is 75¢), and Men's Basketball (Thursdays, from 6:30 to 9 p.m., at Beacon Center; cost is \$1).

Other Activities

The following are some of the other activities that will be offered soon.

March 4 — Mother/Daughter Bowling

March 18 — Adult Nine-Pin Bowling

March 29 — Luncheon Theatre

April 15 — Parent/Child Bowling

April 22 — Adult Scotch Doubles Bowling □

Happy
Love Day

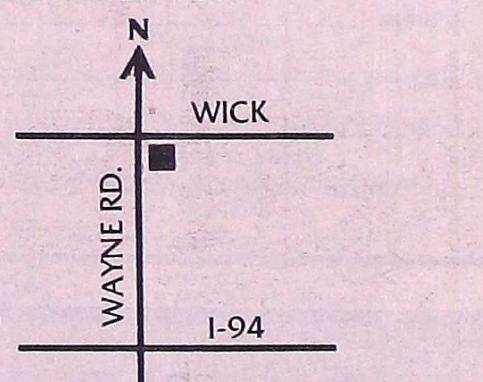
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(3)	FRIED SHRIMPS	6.25
(4)	SWEET & SOUR PORK	5.50
(5)	PEPPER STEAK	5.75
(6)	ALMOND CHICKEN	5.50
(7)	SWEET & SOUR CHICKEN	5.75
(8)	STEAK KOW	5.95

It is good to see that Elected Officials such as City Councilmen Ellis Pennington and Randolph Gear are aware of how often money is wasted by some City Officials!!

Why would the Clerk's Office suggest that a building be torn down, at great expense to the City, when someone is willing to purchase the property and bring it up to code?

It would cost the City more to tear it down and remove it from the tax rolls.

Something to think about!

A Concerned Citizen

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Weekly Update

by James Kosteva, State Representative,
37th District

New Law Bans Specific Telephone Harassment

A new State law makes it illegal for a person to deliberately and maliciously make repeated telephone calls to another individual, only to hang up without speaking. This kind of telephone harassment, which accounts for about 20% of all consumer nuisance call complaints, has not previously been addressed by Michigan law. The statute also prohibits unsolicited commercial-sales telephone calls between 9 p.m. and 9 a.m.

Law Establishes Additional Penalties for Ethnic Intimidation

A new State law establishes felony punishments for 'ethnic intimidation,' which is defined as the malicious and specific harassment of another person because of the victim's race, color, religion, gender, or national origin. The law also establishes that the victim of ethnic intimidation can sue the attacker for up to \$2,000 or three times the amount of any actual damages, whichever is greater.

Bill Aimed at Improving Quality in Our Schools

Legislation has been introduced that would help improve the quality of education in Michigan schools. Under the bills, Michigan school districts would develop a core curriculum, administer a Basic and Employability Skills Test, and issue annual reports detailing the schools' progress.

Legislation Would Prohibit Abuse of Steroids

House lawmakers are investigating the possibility of putting State criminal sanctions on the illegal use and distribution of anabolic steroids. Current State law does not specifically address steroids as an illegally used drug. Suggested legislation would give local and State law-enforcement officials greater authority to move against illicit steroid dealers.

Committee Suggested to Study Trade Treaty

A House resolution calls for a special legislative committee to study the impact that the U.S.-Canada Free Trade Treaty will have on Michigan's economy. The committee would also develop policies that would attract new international businesses to the State.

Rental Privacy Measure Becomes Law

State lawmakers have acted to protect the privacy of people who rent or buy video tapes, recordings, or books. Under a new State law, businesses that handle these materials will be prohibited from disclosing the names or identifying information of their customers. The information could be released only if a customer had given written consent, under a court order, or for collection purposes.

Resolution Calls for Prison Alternatives

A resolution has been introduced in the House calling for the creation of a special House committee to recommend prison alternatives, changes in the State's sentencing system, and modifications to the Correction Department's spending levels and priorities. The Department of Corrections' latest budget includes appropriations for \$614.6 million in operating expenses, a 10% increase over the preceding year.

New Law Eases Name Changes

A new State law makes it easier for single parents to change the names of their children. The measure allows a custodial parent to change the name of a minor without the consent of the other parent if the non-custodial parent isn't helping support the minor or fails to communicate with the child for two years. Previous law required the approval of both parents before a minor's name could be changed.

Adult Guardianship Procedures Refined

A new State law will allow more timely help for an adult whose health or safety is in danger and who refuses medical help or other protective services. The measure eliminates a requirement that a physically or mentally vulnerable adult must be in a 'life-threatening situation' before a protective-service agency can petition the courts to place the adult in a protective guardianship relationship. Proponents of the new law maintain that earlier intervention can prevent unnecessary institutionalization of vulnerable adults.

Custody Guidelines Established

Under a new State law that originated in the House, court orders in child-custody cases will contain specific guidelines for visits between the child and the non-custodial parent. When the court decides the frequency, duration, and conditions of parental visits, it will consider the special needs of the child, any likelihood of abuse or neglect during the visit, and the ability of either parent to meet the visitation requirements. The order will also detail each parent's responsibility to transport the child, and restrict or require the presence of a third party during the visit.

Legislative Forum is a weekly television program of news, discussion and commentary from the Michigan House of Representatives. Check local TV and Cable listings for stations and broadcast times. □

11 p.m. is curfew in Romulus!
Do you know where your kids are?

LAW

continued from page 3

nary diligence, he would have had actual notice of.

A person cannot be ignorant to an interest in land when the interest is recorded with the register of deeds. Every person is said to have "constructive notice" of all recorded interests in land.

Also, knowledge of facts putting persons of ordinary prudence on inquiry is equivalent to actual knowledge of facts which a reasonably diligent inquiry would have disclosed.

If you have a legal question that you would like answered, you may send

your question to my office and I will attempt to answer your question in this paper's next issue. Questions should be mailed to: Murray A. Duncan, Jr., 10000 South Wayne Road, Romulus, Michigan 48174. □

BAND

continued from page 12
ed to congratulate his students on their fine showing. He also wished to thank the Junior High staff members for their help and cooperation in preparing the students for the Festival. Finally, thanks are also due to the parents of the participating students who transported their children to Livonia and spent some time listening and encouraging their junior musicians □

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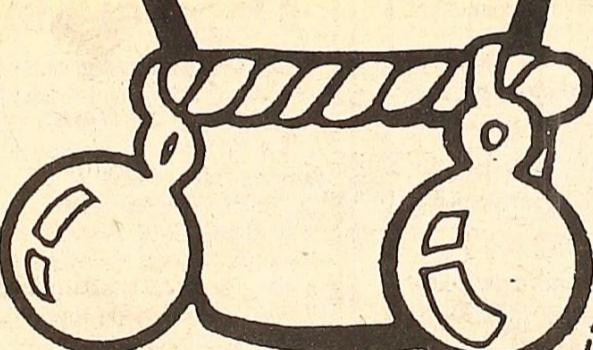
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Romulus Community Schools

36540 Grant Road, Romulus, Michigan 48174

Regular Meeting, December 12, 1988

The Regular Meeting of the Romulus Board of Education held Monday, December 12, 1988, was called to order by President Berlinn at 7:30 P.M.

Roll call showed all Members present. All Administrators were present.

Pledge of Allegiance was led by President Berlinn.

Approval of Agenda:

Dr. Bedell recommended the addition under Report of the Superintendent of Item I. a. "City Recreation Request".

12/88/1 Moved by Patterson supported by Wilkerson the Board approve the Agenda as amended by Dr. Bedell. Ayes: 7. Nays: 0. Motion carried.

Approval of Minutes of Previous Meetings:

12/88/2 Moved by Wilkerson supported by Kesner the Board approve the Minutes of November 8, November 14 and November 28, 1988 as presented. Ayes: 6. Nays: 0. Abstain: 1 (Langley). Motion carried.

Communications and Expressions from the Public:

Ms. Stepchuk spoke in opposition to State Mandated Aids Program as presented by the State Guidelines.

Mrs. Cox from Hayti Elementary spoke on possible closing of that school and asked about bus stop for her kindergarten child.

Report of the Superintendent:

Extra Miler Awards

Extra Miler Awards were presented to Richard Kruse, Band Director; John DeForest, Head Custodian - Cory, for November. December Awards went to Art McPharlin, Principal, and Bob Garry, Head Custodian - Halecreek. January Awards went to Virginia Smith, Teacher - Merriman; Alan Abdo, Maintenance "B" - Romulus High School.

12/88/3 Moved by Wilkerson supported by King the Board approve the above Extra Miler Award presentations as recommended by the District Screening Committee. Ayes: 7. Nays: 0. Motion carried.

Personnel Actions

Dr. LeCesne recommended the following Personnel Actions for Board approval: **A. Leave of Absence:** Sharon Cardinal, Bus Driver, Travel Leave, 1/16/89 - 1/15/90. **B. Leave of Absence - Extension:** Rebecca Oz, Speech Therapist - Special Services, Child Care Leave, 1/30/89 - 9/1/89. **C. Resignations:** Shirley Doktor, Bus Aide, Health, Eff. 11/28/88; and Linda Walker, Para - Hayti, Moved, Eff. 11/23/88. **Addendum: A. Retirement:** Jordan Washington, Teacher - Barth, Eff. 1/27/89.

12/88/4 Moved by Bales supported by Langley the Board approve the Personnel Actions as recommended by Dr. LeCesne. Ayes: 7. Nays: 0. Motion carried.

12/88/5 Moved by Patterson supported by King the Board approve the Resolution to lay off 3 Program Assistants (Beacon Center) for Second Semester of the 1988-89 School Year due to reduction of Special Ed. students. Said Program Assistants are: William Acklin, Julie Price and Julia Sullivan. Ayes: 7. Nays: 0. Motion carried.

12/88/6 Moved by Patterson supported by Kesner the Board approve the Retirement Resolution in recognition of Joann Whitefoot's 16 years of service to the Romulus Community Schools. Ayes: 7. Nays: 0. Motion carried.

Bills for Payment

12/88/7 Moved by King supported by Wilkerson the Board approve the Bills for Payment as presented by Administrator Carr. Ayes: 7. Nays: 0. Motion carried.

Bank Resolution - Wire Transfer

12/88/8 Moved by King supported by Wilkerson the Board of Education adopt the Resolution permitting wire transfers of funds to cover debt fund obligations. Ayes: 7. Nays: 0. Motion carried.

F.A.A. Request - Merriman

12/88/9 Moved by Patterson supported by Langley the Board of Education deny the request by the F.A.A. to install a 100 foot tower to take readings for wind shears at the Merriman Elementary School. Ayes: 7. Nays: 0. Motion carried.

MEAP Test Results

MEAP Test Results were reported by Dr. Bedell. A full report will be made in January, 1989.

Science Field Trip - High School

12/88/10 Moved by Patterson supported by Wilkerson the Board accept the recommendation of the Superintendent and approve the High School Science Trip to Washington, D.C., in April. Ayes: 7. Nays: 0. Motion carried.

School Finance Reform

Dr. Bedell discussed this item with Board Members.

Invitation to Join BUFFS

12/88/11 Moved by Bales supported by Kesner the Board of Education accept the invitation to join BUFFS (Boards United for Fair Funding). Ayes: 6. Nays: 1 (King). Motion carried.

City Recreation Request

12/88/12 Moved by Bales supported by Wilkerson the Board approve the City's Recreation request for use of a school bus at the District's expense (as their part of shared expense with City). Ayes: 4 (Patterson, Berlinn, Wilkerson, Bales). Nays: 3 (King, Langley, Kesner). Motion carried.

Items of Interest from the Superintendent

Dr. Bedell discussed the following Items of Interest with Board Members: 1) Finance Committee Minutes; 2) Junior High Honor Roll; 3) Adult Education Teacher Appointments; 4) NJROTC Inspection Results; 5) Letter of "Thanks" - Flute; 6) NJROTC Invitation; 7) High School December Activities; 8) Junior High School December Activities; and 9) Halecreek Letter of "Thanks" - Andy Solak.

Questions and/or Concerns of Board Members

Member King: Reminded Board of winter band concert December 15.

Executive Session - Negotiations

12/88/13 Moved by Patterson supported by King the Board convene in Executive Session for purpose of Negotiations. Roll call vote showed: Ayes: 7. Nays: 0. Motion carried.

The Board convened in Executive Session at 8:59 P.M. and reconvened in Regular Session at 9:21 P.M.

Adjournment:

12/88/14 Moved by Patterson supported by Kesner the meeting be adjourned. Ayes: 7. Nays: 0. Motion carried.

The meeting was adjourned at 9:22 P.M.

Respectfully submitted, Daniel R. Bales, Secretary, Romulus Board of Education

Romulus Horseman's Association, Inc.



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Used Tack & Bake Sale

Wed., March 15th — 7:30 p.m.

Romulus City Hall

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APPLICATION FOR ARTS & CRAFTS SHOW, MARCH 11 & 12, 1989

REGISTRATION DEADLINE: FEBRUARY 24, 1989

I understand applications are accepted on a first-come, first-serve basis. I understand I am responsible for my items and will not hold St. Aloysius Parents Club or School liable for any loss or damage. I also acknowledge that my rental fee (6' table, \$20.00; 8' table, \$25.00) is **non-refundable**. Should St. Aloysius choose to cancel, **All fees will be refunded**.

Name: _____

Address: _____

Phone: _____

Description of art or craft: _____

Makes checks payable to: ST. ALOYSIUS PARENTS CLUB
Mail check and application to: ST. ALOYSIUS PARENTS CLUB,
c/o Mrs. Michelle Major, 37600 Tyler Road, Romulus, Michigan 48174

Romulus Community Schools

36540 Grant Road, Romulus, Michigan 48174

Regular Meeting, January 9, 1989

The Regular Meeting of the Romulus Board of Education held Monday, January 9, 1989, was called to order by President Berlinn at 7:30 P.M.

Roll call showed Member Wilkerson absent (excused). All Administrators were present.

Pledge of Allegiance was led by President Berlinn.

Approval of Agenda:

1/89/1 Moved by Kesner supported by King the Board approve the Agenda as presented by Dr. Bedell. Ayes: 6. Nays: 0. Motion carried.

Communications and Expressions from the Public:

Mrs. Raymond asked about the Drop-In Clinic at the high school.

Report of the Superintendent:

Personnel Actions

Dr. LeCesne recommended the following Personnel Actions for Board approval: **A. Leave of Absence:** Marilyn Wood, Teacher - Wick, Child Care Leave, 1/23/89 to 4/2/89. **B. Leave of Absence - Extension:** Valerie Kaplansky, Social Worker - Beacon, Child Care Leave, 1/3/89 to 8/31/89.

1/89/2 Moved by Patterson supported by Kesner the Board approve the Personnel Actions as recommended by Dr. LeCesne. Ayes: 6. Nays: 0. Motion carried.

Bills for Payment

1/89/3 Moved by Patterson supported by King the Board approve the Bills for Payment as presented by Administrator Carr. Ayes: 6. Nays: 0. Motion carried.

Senior Trip to Quebec and Montreal

1/89/4 Moved by Patterson supported by King the Board authorize french students at the high school to go to Quebec and Montreal from March 28, 1989, to April 2, 1989. Ayes: 6. Nays: 0. Motion carried.

Elementary Attendance Boundaries

Discussion was held on new attendance boundaries. The Policy Committee will review new boundaries with community participation.

Items of Interest from the Superintendent

Dr. Bedell discussed the following Items of Interest with Board Members: 1) 1988/89 Partnerships Grant Awards; 2) Department of Education Mini Grant/Jill Haislip; 3) School Safety Grant; and 4) Membership Report.

Questions and/or Concerns of Board Members

There were no questions and/or concerns of Board Members at this meeting.

Executive Session - Negotiations

1/89/5 Moved by Patterson supported by Kesner the Board convene in Executive Session for purpose of Negotiations. Roll call vote showed: Ayes: 6. Nays: 0. Motion carried.

The Board convened in Executive Session at 8:27 P.M. and reconvened in Regular Session at 9:32 P.M.

Adjournment:

1/89/6 Moved by Kesner supported by Bales the meeting be adjourned. Ayes: 6. Nays: 0. Motion carried.

The meeting was adjourned at 9:33 P.M.

Respectfully submitted,
Daniel R. Bales, Secretary
Romulus Board of Education

CLASSIFIED ADS

FOR RENT

METRO AIRPORT AREA APARTMENTS
Newly Decorated, Large Garden Type, 1 and 2 Bedroom Apartments Deluxe Carpet & Appliances Casablanca Fans Security System 2 Swimming Pools FREE HEAT NO SECURITY DEPOSIT OPEN 7 DAYS 595-4615

OLYMPIA VILLAGE APT.
Furnished Apartments Also Available

OFFICE SPACE

Rent/Lease
Approximately 4,000 sq. ft.
Will remodel to suit.
Downtown Romulus.
941-1616

RETAIL STORE FOR RENT

Downtown Romulus.
941-1616

FOR RENT

Approx. 8,000 sq. ft. in downtown Romulus. Excellent for storage or major retail store. Main street store frontage. Call 941-1616

APPLIANCE SERVICE

M.D. APPLIANCE SERVICE
SAME DAY SERVICE
\$7.00 Service Call
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1 Year Guarantee On Parts

All Makes and Models
Refrigerators,
Washers, Dryers,
Stoves & Dishwashers

HELP WANTED

IMMEDIATE OPENINGS
We have long and short term
Temporary Light Industrial Assignments available close to home in the Romulus, Plymouth and Downriver areas. \$4.00 per hr. and up. Call:

Personnel Success Group
561-2540

or stop in at:
19855 W. Outer Drive
Suite 205
Dearborn, Michigan 48124

SALES HELP WANTED

SALES HELP WANTED THE ROMULUS NEWS
To work the Romulus, Belleville, Wayne, Westland areas. Must have car! Top commissions paid to right people. Bonuses, gas allowance, quick advancement.

Call Dave Atkins
9:00 a.m. - 5:00 p.m.
Monday through Friday
941-1907

EDUCATIONAL

MATH TUTORING GRADES K - 12
by Qualified Teacher.
Reasonable Rates.
697-9628

MISC. FOR SALE

FOR SALE
Seasoned Hardwood
\$50.00 face cord.
38271 Wick Road, Romulus.

HAY FOR SALE
Call
941-0321 or 941-0685

FIREWOOD
Hardwood — Burns good.
\$50.00 face cord
\$55.00 delivered
Call
595-1148 or 697-5607

FOR SALE
Studio couch — green tweed,
wood trim.
Call 942-0929

Please let it ring a while.

FOR SALE
Hexagon shaped coffee table
with AM/FM radio and stereo
record player contained inside.
Antique end tables with leather
tops, double keyboard Lowery
organ, antique vases & glass-
ware. Prices negotiable.
Call 729-3535

RV TRAVEL TRAILER
16' 1981 Sunline, self-contained,
electric/gas refrigerator, furnace,
sink, stove, toilet, sleeps six,
dinette, electric brakes, excellent
condition. Must sell.
\$3500.00
Call 941-8443

FOR SALE
Electric Stove — \$250.00
Daybed with mattresses and
trundle — \$300.00
Call 728-0172 after 5 p.m.

CAMPING TRAILER
Sleeps 4, stove, refrigerator,
heater, new tires — \$400.00.
Call 291-1481

FOR SALE
Steel, double pedestal desk
w/4 box drawers, 1 file drawer,
and 1 center drawer. 34" x 60".
Color: gray. Reasonable.
Call 753-4081

MISC. SERVICES

REY-MART ASPHALTING CO.

We Specialize In
Driveways - Sidewalks
Parking Lots
All Work Guaranteed
Free Estimates
36124 Goddard Road
Romulus, MI 48174
Call Cass Kasperek
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WALLPAPERING PAINTING

An expert job done at reasonable rates. Also some drywall repair.
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AUTOS TRUCKS

1940 STUDEBAKER
4 Door Champion
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WANTED DEAD or ALIVE
CARS and TRUCKS
ANY SIZE or SHAPE
Will Tow Away
FREE
Must Have Title
397-1529

1979 BLUE F-150 SUPER CAB

4-wheel drive, air, new paint,
low mileage, newly reuphol-
stered seats, carpet — \$3000.
Call 291-1481

1975 CHEVROLET CAPRICE CLASSIC

Excellent engine and transmis-
sion, good tires, low rust. \$250.
Call 941-1399

ORGANIZATIONS

ROMULUS SENIOR CITIZENS CENTER

Welcomes New Members.
Join Now!
Lots of Activities.
Try It — You'll Like It!
3615 Bibbins
942-6852

OPEN AA TALK ALL WELCOME

Last Monday of every month.
Annapolis Hospital Annex
8:00 p.m.

REGULAR AA MEETINGS

Held on all other Mondays.

8:00 p.m.

ANIMALS

FREE TO GOOD HOME

1 1/2 year old Doberman/Shep-
herd mix dog. Housebroken,
loves children. Prefer home
with a fenced yard.
Call 728-0172 after 5 p.m.

LOST FOUND

LOST

Lab/Shepherd mix, female dog
(yellow colored). Judd and Otter
Road area. Last seen Feb. 4th.
Please call with any informa-
tion. Offering a reward.
Call 753-9871

REAL ESTATE

FOR SALE
3-bedroom cabin in Harrison,
MI, situated on approx. 1 acre
of land. For more information,
Call 941-2575

Have Something to Buy, Sell, or Trade?

Residents Can Run

Their Personal Ads

FREE

Call 941-3113

CHILD CARE

ESTABLISHED MOTHER

has a few openings for baby-
sitting (days only). Wayne-Wick
Road area. Cory school district.
References upon request.
Call 941-7418

NOTICE

COUNTRY PALACE TACK & WESTERN WEAR, INC.

HAS MOVED!!

Horse Care Products,
Equipment, and Clothes.
New Location:
TEL-VIEW PLAZA
26614 Telegraph
(1 Mile North,
Corner of Telegraph & Matilda)

Why Not Tell Someone
About The
Local "News" Paper —
The Romulus News
"the little paper"

The Romulus News
Hotline Number
Is 941-0990

COUNTRY PALACE TACK & WESTERN WEAR, Inc.

NEW LOCATION!

26614 Telegraph
Still In Flat Rock, 1 Mile North
(Corner of Telegraph & Matilda)

In the new
TEL-VIEW PLAZA
still

782-0498

Same Hours:
Monday-Thursday 10-6
Friday 10-9 Saturday 10-6 Sunday 11-4

Come See Us At Our
Beautiful New Shop

We still carry:

Western & English Show Equipment & Clothes -
Blankets - Hats - Boots - Wrangler Jeans - Buckles
- Silver - Saddles - Blouses - Shirts - Grooming
Items - Jewelry - Dress Pants - Horse Care
Products - Jackets and Much More!

Hats Blocked & Cleaned
Unique Gift Items
We Also Rent Videos!

ATTENTION:
ALL ROMULUS WATER CUSTOMERS

During the next five or six months, the City of Romulus will be conducting a Water Study of the City's water system.

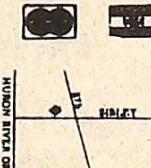
During this period of time, you may experience the loss of water and/or diminished water pressure for short periods of time. We shall, however, make every effort to keep this to a minimum.

Thank you,
City of Romulus Department of Public Works

New Boston Lumber & Hardware

Hours
Mon-Fri 8-5:30
Sat 8-4:00
Sun 9-3:00

80 years of
helping you do
your very best! 36500 Sibley
753-9366 941-3131



THE SEAFOOD STOP

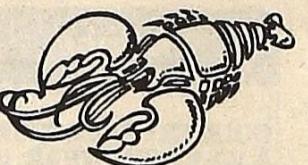
Fresh, Frozen and Smoked Seafood

41019 Huron River Drive, Belleville (French Landing Plaza)

Mon. 10 - 7
 Tues. - Thurs. 10 - 10
 Fri. - Sat. 10 - Midnite
 Sun. 11 - 6

697-8580

Carry-Out Available



Fresh Fish Received Daily
From Boston Based Supplier
 • Orange Roughy • Walleye • Shrimp
 • Catfish • Lobster Tail • Crab Legs
 • Variety of Smoked Fish • Seafood Salads
 • Party Trays Available

TAKE ADVANTAGE OF OUR "ONE WEEK SALE"

— FRESH MEAT —

Sale Ends 2/15/89

New York Steak	3.99	lb.
T-Bone Steak	3.99	lb.
Slab Bacon	1.19	lb.
Sliced Bacon	1.29	lb.
Center Cut Pork Chops	1.79	lb.
Pork Steaks	1.59	lb.
Smoked Ham Hocks	1.09	lb.
Chicken Legs w/back attached	.49	lb.
Split Chicken Breasts	1.99	lb.

Limit 10 lbs.

— FRESH FISH —

Bass Fillets	Reg. 2.99	Sale 1.99	lb.
Whiting Fillets	Reg. 1.89	Sale 1.49	lb.
Smoked Salmon	Reg. 9.99	Sale 6.99	lb.
Halibut Steaks	Reg. 6.89	Sale 4.89	lb.
Coho Salmon Chunks		2.00	lb.

for Canning or Smoking

**We Will Cook
 Fresh Fish from Our Counter
 for a Flat Fee of \$1.00
 with a Minimum 1 Pound Purchase**

— DINNERS —

4 Piece Chicken Dinner (2 Thighs and 2 Legs)	4.99
1/2 Pound Pickeral Nugget Dinner	4.99
24 Piece Medium Shrimp Dinner	5.99
20 Piece Whiting (Fish Only)	12.89
20 Piece Whiting Dinner (Feeds Four)	16.00

All Dinners Come with French Fries and Cole Slaw

— LUNCH SPECIALS —

Cod Sandwich and French Fries	1.99
Bass Sandwich and Cup of Clam Chowder	2.50
Pork Chop Sandwich	1.99
1 Quart of Louisiana Gumbo Reg. 3.50	Sale 2.50